

Finding Health Information on the Internet for You and Your Children



CHAPTER 5: KidsHealth, NOAH and PRACTICE INCLUDES A GLOSSARY OF TERMS



Department of Biomedical Informatics, Columbia University
New York Academy of Medicine
Supported by a Grant from the National Library of Medicine



Class Five: KidsHealth, NOAH and Practice

Objectives

- ➔ Learn about KidsHealth and NOAH, two more great health websites
- ➔ Review and Practice

Kidshealth

Kidshealth: is created by the Nemours Foundation, an organization devoted to promoting the health and well-being of children.

The address or URL of Kidshealth is www.kidshealth.org
Kidshealth is a website that provides quality health information relating to parents, children and teens.

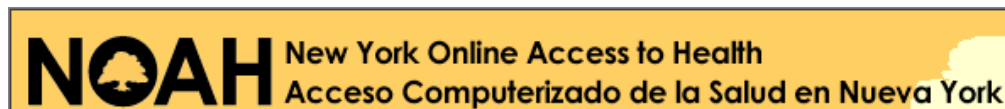


Now that you know how to navigate a website, go to Kidshealth and explore the Parents and Children sections. A lot, but not all, of the information is available in Spanish as well.

NOAH

NOAH: stands for New York Online Access to Health and is produced by a partnership of New York libraries to provide you with the health information you need. Most of its information is also available in Spanish.

The address or URL of NOAH is www.noah-health.org
It is also a website that provides quality health information.



Go to NOAH and notice how it is both similar and different from MedlinePlus.

Use the rest of the class to explore Kidshealth, NOAH, MedlinePlus or a search engine with the aid of your instructor.

Remember to practice. Finding health information becomes easier the more you do it!

Health Questions



My child has been diagnosed with a condition known as Attention Deficit Hyperactivity Disorder (ADHD). How do I find out more about this condition? Are there any treatment options?

Step 1: Using the search engine Google, type in www.google.com in your Web browser's address bar.

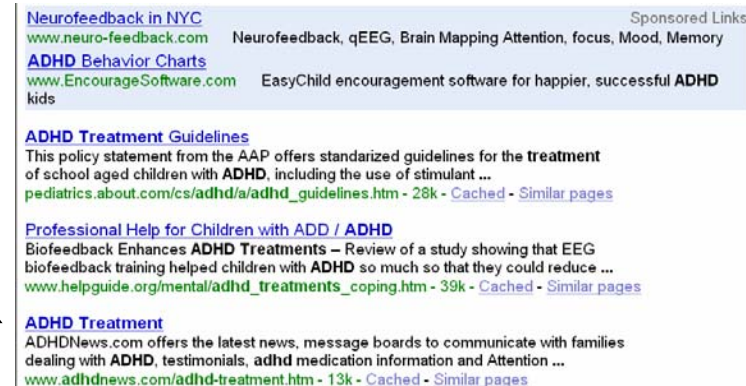


Step 2: In the Google Search box type in your keyword "ADHD treatments".



Step 3: Press the "Google Search" button.

Step 4: A list of Google's search results for the words "ADHD treatments" will appear on the screen.



Step 5: Determine which results you would like to read more about.

Finding the Answers to Our Health Care Questions

Exercises



1. Using MedlinePlus, explore a health topic of interest to you.
For example:

What is **asthma**?

What is the definition?

What does the encyclopedia say?

2. Give an overview of the following for
Asthma:

Causes

Symptoms

Diagnosis

Exercises continued...



3. If you use Google, how many results do you get for “asthma”? _____
4. Search the same topic but use descriptive words. For example, instead of using "asthma" try “inflammatory disorder or bronchial disorder” How many results did you come up with now?

Glossary

Browse: Visiting a website you know and have selected and looking around it by clicking on links until you find the information you need.

Email: An electronic mailing system transmitted through the Internet.

Homepage: The introduction page of a website.

Internet: A worldwide system of linked computer networks. The internet includes services, such as the World Wide Web, Email, and Chat.

Keywords: Words that you enter into search engines to find the information you need, also called search terms.

Link(also known as hyperlink): This is any text, button or image that you can click on to go from one Web page to another.

Literacy (computer literacy, health literacy, and numeracy): The degree to which individuals are familiar with a certain topic.

Glossary, cont'd.

Navigate: Moving from a webpage to another webpage without typing an address, such as using links and browser buttons.

Scroll: Ways to move within a webpage such as clicking and holding using arrows or using the mouse.

Search: Going to a search engine, such as Google, Yahoo, Altavista, and entering keywords to find the website that contains the information you are looking for.

Search Engine: Searches the web to find web pages that contain information about the words that you have entered in the search box.

URL (also known as Web addresses): The specific address, similar to a street address that locates your house or business, of a Web page.

Web Page: A document on the World Wide Web, identified by a unique address (URL).

Website: All the Web pages for a specific organization, interest group, company or person.

World Wide Web (also known as the Web): The group of connected websites that offer access to all kinds of information and services.